



The Tumbling Times

January 2012

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Holiday Wrap-up

Please accept this as a universal hug and thank-you for all the sweet goodies and gifts showered upon us for Christmas. We are so thankful for each of you, and we count YOU as our biggest gift. We love you all so much!

Thank you, too, for your enthusiastic performance(s) in the holiday parades this year; please don't forget to return your borrowed parade balls. (There is a \$25 fee for unreturned balls). Classes resume Jan. 2!

As you know, our Acrofitness family grieved over the holidays for Mrs. Jamie and her husband, Jacob, who suffered the tragic loss of their unborn son. We are so appreciative of your continued prayers for them, and we know they are thankful, too. As promised, we are collecting cards and artwork from our students and their families, and we will deliver them to Mrs. Jamie when the time is right.

January Happenings



Mrs. Chelsea introduces Teen Zumba at Acrofitness!
Join the party Thursdays at 4 p.m.!



Acrofitness is closed for Martin Luther King Day on Monday, January 16.

If your child's last name differs from yours, please write your child's name in the memo line of your tuition check.

No texting while exercising

Cell phones are no longer allowed in Acrofitness classrooms. They are distracting to students and the class as a whole.

Students can leave their belongings in a purse/backpack on one of our lobby tables or on the bar-top.

Our parents are paying for their children to learn new skills, and we all know that texting is a skill they have already mastered. 😊

In case of an emergency, parents should call our front desk, 704-664-BFIT.



Bring-a-friend Payoff

Did you spread the gift of fitness with your friends this holiday season? If they sign up this month, both of you will receive \$10 off January's tuition! Make sure to give us your friend's name!

mark your calendars

Don't miss our Valentines 202-tique – all items are one-of-a-kind, and they'll make great gifts for your Valentine!

Get your engine's revving – Relay for Life is right around the corner! Acrofitness' 4th annual Fit-a-thon will be held Saturday, March 10. Register online now at www.moorevillereley.org under Team Acrofitness and start raising your pledges; as always, \$80 will earn you all 8 hours of exercise and a survivor patch! If you own a business and are interested in sponsoring the Fit-a-thon, a \$100 donation will put your business' logo on the back of hundreds of t-shirts and a banner that hangs on N.C. 150.

Just after the Fit-a-thon will be Charlotte's annual St. Patrick's Day parade, which will be held Saturday, March 17. Sample shirts and order forms for parade retail will be available at the end of January. These shirts are used year after year, so purchase them large enough to wear for a couple years.



Miss a class? No problem!

Please be aware of our make-up policy: Call ahead to check class-availability. Stop by the front desk to grab your green make-up pass to give the class instructor. Remember that holidays are not available for make-ups. Our calendar accommodates for those..



Kudos to Jake Merkel and Alex Giambruno for their commitment to working out over their holiday break. They were up

and at 'em every Tuesday AND Thursday, working out in the Quickie at 9:30 a.m. Way to go, guys!!